



THE MOSAIC

NEWSLETTER

INTERNATIONAL RELATIONS 2023-24

of the students, by the students, for the students!

TABLE OF CONTENTS

01

VC'S MESSAGE

02

CHAIRMAN'S MESSAGE

03

ABOUT MOSAIC

04-06

TEAM: THE MOSAIC

07

BOOK REVIEW

08

AMBASSADOR'S VISIT

09

QUIZ COMPETITION

10

PEACE DAY

11

TEACHER'S DAY

12

UNITED NATIONS DAY

13

THE MOSAIC LAUNCH

14

SEMINAR: FUTURE OF PALESTINE

15 FILMMAKER VISIT

16 RECREATIONAL TRIP

17 INTERACTIVE SESSION

18-19 GRAND PEACE FAIR

20 STUDENT'S CREATIVE QUILL

21 POEM: THE SHADOW OF DARKEN HORIZONS

22 POEM: MY LIFE

23 POEM: WHISPERS OF SHADOW, MONSTERS WITHIN

24 POEM: ACHES OF HEART

25 -26 STORY: THE BALANCING ACT

27-31 GALLERY



VICE CHANCELLOR'S MESSAGE

Dear Learners!

With my holding the office, I am faced with challenges but when I see the hard work and initiatives taken by the students such as by the prestigious body, The Mosaic, of the Department of International Relations, my hopes and enthusiasm get high about the major vision of our university. With this quarterly publication that allows our students to share their incisive ideas, critical analyses, and creative ideas in a wide range, I admire the whole Mosaic Cabinet for achieving this milestone.

I'd like to extend my deepest congratulations to everyone involved in the creation of The Mosaic Newsletter. Your efforts and dedication to academic excellence are admirable, and I am convinced that the magazine will continue to inspire and enrich those around us.

I welcome everyone to read and participate in the varied variety of creative works and events taking place in the Department of International Relations, as highlighted in this edition. I extremely appreciate the whole Cabinet of The Mosaic and wish the hardworking students best wishes as they continue their outstanding work.

Best Regards,
Prof. Dr. Muhammad Saleem



CHAIRMAN'S MESSAGE

Dear Students!

I am thrilled to announce the publishing of the fifth volume of The Mosaic Newsletter by The Mosaic Cabinet of the Department of International Relations. The Mosaic Newsletter allows students to offer their creative thoughts on diverse topics, proving to contribute constructively by highlighting the variety of events taking place in one of the leading departments of the University of Peshawar, the Department of International Relations.

I express my deep gratitude to everyone who has helped make TheMosaic Newsletter a success, specifically including content writers, graphic designers, the creative team along with the media team. Your contributions have strengthened our department's intellectual life.

Finally, I urge all individuals to delve into the varied topics included in this edition of The Mosaic Newsletter. I hope that for many years to come, it will be a forum for cooperation and intellectual interchange within our department.

Best Wishes,

Prof. Dr. Hussain Shaheed Soherwordi

Editor-in-Chief of The Mosaic

Chairman of the department of International Relations

University of Peshawar.

ABOUT THE MOSAIC

The Mosaic Student Journal and Newsletter, re-established in November 2021, showcases a remarkable commitment to academic involvement. This dual-platform publication serves a dual purpose. Firstly, the Journal enables students to contribute articles covering diverse topics, with a focus on politics and International Relations. Secondly, the Newsletter serves as a compelling chronicle, summarizing the year's academic highlights like seminars, webinars, book reviews, and celebrations. Together, they paint a vibrant picture of academic engagement.

The revival of the Mosaic after a sixteen-year hiatus is a significant achievement, all spearheaded by Prof. Dr. Syed Hussain Shaheed Soherwordi and his dedicated team, notably Ms. Umaina Zia. Originating in 1994, this literary platform owes its renaissance in 2021 to Prof. Dr. Syed Hussain Shaheed Soherwordi's visionary leadership. He is responsible for successfully transforming the Mosaic into a dynamic combination of a vibrant newsletter and scholarly journal that we see today, reigning academic discourse.



Dr. Hussain Shaheed
(Editor in Chief)



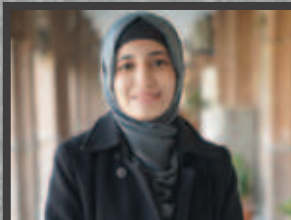
Huma Fazal
(Editor)



Hashir Hassan
(Deputy Editor)



Haseeba Alam
(Graphic Designer)



Alishbah Syed
(Content Writer)

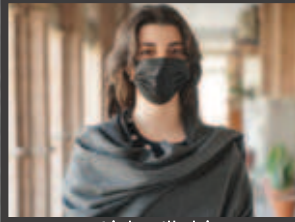


Shezal Misbah
(Content Writer)

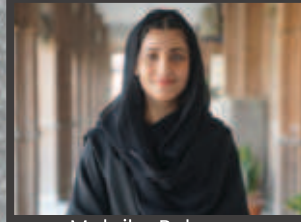


TEAM

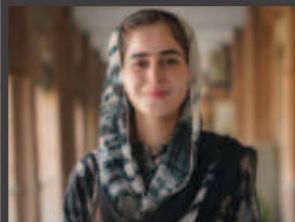
THE MOSAIC



Aisha Illahi
(Deputy Editor)



Malaika Rehman
(Newsletter Head)



Maimoona shehreyar
(Creative Head)



Nabiha Fajar
(Organizer)





Ayeza Jaffery
(Deputy Editor)



Saba Khan
(Student Activity Coordinator)



Sadaf Bashir
(Organizer)



Laiba Arab Din
(Graphic Designer)



Jehan Wali
(Editor & Videographer)

BOOK REVIEW

20th August 2023

In a captivating morning fostered by The Mosaic Team on 20th August 2023, a prominent department student, Muhammad Salman, shed light on the book "David Jones," A historical novel that weaves Afghanistan's 20th-century turbulence into a gripping narrative. It was hosted by Ms. Zujaja Mustafa, a student from the IR department. This was the first-ever Book Review arranged by The Mosaic in which interested students from the department engaged actively.



Salman's discussion went beyond a storyline outline, delving deep into the complicated fabric of connected personal experiences and historical events. He portrayed individual struggles against conflict, displacement, and cultural upheaval, providing a humanized perspective on Afghanistan's great canvas.



The book review ended with a shared sense of discovery and a renewed willingness to explore deeper into Afghanistan's complexity. Salman's presentation was a literary journey that not only introduced a magnificent book but also fostered understanding and celebrated the human spirit in the face of tragedy.

POLISH AMBASSADOR'S VISIT

26th September 26, 2023

The visit of Polish Ambassador Maciej Pisarski to the Department of International Relations on September 26, 2023, was a historic event that enhanced the academic atmosphere.

His Excellency's visit aims to strengthen the links between Poland and our educational institution, providing students with a unique opportunity to learn about international diplomacy. Mr. Pisarski provided an exciting and insightful discussion of Poland's foreign policy aims, historical context, and current global issues.

Students had the chance to interact directly with the respected Polish Ambassador, asking questions and engaging in discussions that broadened their understanding of bilateral relations and global affairs. The visit served as a stimulus for cultural interchange and diplomatic dialogue, providing students with in-depth knowledge of international relations.



Ms. Huma Fazal, Editor of The Mosaic Research Journal and Newsletter, presented Mr. Pisarski with the department's Journal and Newsletter based purely on students. Finally, the distinguished Ambassador, Mr. Pisarski, swapped shields with the honorable Chairman of the Department, Prof. Dr. Syed Hussain Shaheed Soherwordi. The visit ended with a group photo of Mr. Maciej with the faculty and students.

DEMOCRATIC MINDS

15th of September 2023

On the 15th of September 2023, the Department of International Relations paid tribute to the principles of democracy by observing the International Day of Democracy through an event titled the 'Democratic Minds.' This event, organized by the Mosaic team in collaboration with the Dosti Welfare Organization, occurred at the Area Studies Centre. It featured engaging activities, including a quiz, an art competition, and an enlightening panel discussion.



The event, hosted by Ms. Zujaja Mustafa, started with a Quranic recitation and opening remarks from our distinguished Chairman, Prof. Dr. Hussain Shaheed Soherwordi, before proceeding into the panel discussions. Distinguished guests, including the Dean of Social Sciences, Mr. Jauhar Ali; Assistant Professor at the Department of Political Science, Dr. Aamir Raza; Mr. Waqar Ali Shah, representing the Department of History; Mam Hamida from Shaheed Benazir Bhutto University;



Professor Sir Sami from the Department of International Relations; and Mr. Irfan from Dosti Welfare Organization, graced the occasion. All engaged the crowd with thought-provoking speeches about democracy and its state in Pakistan.

Afterward, the quiz and art competition began, Ms. Malaika Rehman hosted the quiz competition on the stage. The competition was held for four different courses: Introduction to Philosophy (2nd semester), Geopolitical Structure of the World (5th semester), Ideologies and Ideological Movements in the 20th Century (7th semester), and Pakistan in World Affairs (MA Finals). Certificates were given to students for participation, while esteemed guests were honored with shields as tokens of appreciation. The winner's announcement marked the event's highlight as they were presented with shields for victory. The event concluded with closing remarks delivered by Ms. Huma Fazal, the Editor of the Mosaic.

On 21st September, the Department of International Relations, under the organization of the IRSA, celebrated 'World Peace Day.' The fun affair began in the morning with a 'peace walk' by circling the department. It was a demonstrative effort to lead the banner of peace, participated by our esteemed Chairman, teachers, and students, to advocate peace. At the end of the walk, the students lined up to create a peace sign to send a message.



The event began with the opening remarks from our distinguished Chairman, Prof. Dr. Hussain Shaheed Soherwordi, followed by our respected IRSA Co-ordinator, Dr. Khurshaid. Both discussed the importance of peace nationally and internationally in our current turbulent times.

Different fun activities were arranged for the students like an open mic session started by the IRSA General Secretary Mr. Ahmad Mujtaba where our respected Editor of the Mosaic, Ms. Huma Fazal, appreciated the efforts of the IRSA team. The students were encouraged to speak a few words for the event, which the students enthusiastically participated in.

A poster was set up where both, faculty and students, can dip their hands in paint and 'leave their mark' on the poster. Stalls of slush drinks and Gol Gappay were also set up, much to the delight of the students. The music energized the crowd, leading to an Attan dance.

The celebration of peace continued till daytime and was well-received by all.



On 5th October'2023, the Department of International Relations celebrated Teacher's Day by expressing immense gratitude and admiration for the hard-working professors in the department. This event, organized by the International Relations Students Association (IRSA), started by highlighting the role of our teachers. Students expressed their deep gratitude through insightful speeches at the event.



Mr. Muhammad Shehriyar, the Vice President of IRSA, gave gifts of sweetness to each faculty member, symbolizing students' collective gratitude and acknowledgment of the professors' constant dedication and guidance. Every teacher eventually took the stage to deliver reflective remarks about the day's significance. The professors' remarks on a joint commitment to fostering and guiding the next generation of dip-

Later, students made a video presentation to convey their gratitude to the teachers, highlighting their commitment and hard work. The short film featured actual testimonials, academic assistance, mentorship, and support outside the classroom. The carefully produced videos instilled a sense of unity and cooperation among students, acknowledging the invaluable contributions of dedicated educators. Finally, the teacher's day celebration ended with a group photo of the distinguished staff members.



On the 24th of October, the Department of International Relations of the University of Peshawar celebrated the United Nations Day at the Area Studies Centre. It was a collaboration between The IRSA team and The Mosaic Team at an inter-departmental level among the Department of IR, Department of Political Science, Department of History, and Department of Journalism. This event was sponsored by the Dosti Welfare Organization and CSP organization.

The event commenced with opening remarks from Ms. Muskan Imran, the Literary Secretary IRSA and the host of the day, crediting the collaborative efforts of all relevant parties for the chance to celebrate UN Day. The panelists were called to the stage. Prof. Dr. Hussain Shaheed Soherwordi, HOD of the Department and Editor-in-Chief of the Mosaic, acted as the moderator of the panel discussion. Dr. Sami Raza from the Department of IR, Dr. Irfan Ashraf from the Department of Political Science, Dr. Abida Bano from the Department of Peace and Conflict, and Prof. Syed Waqar Ali Shah were the panelists for the debate.



Each expert shed light on the importance of the UN and the increasing relevance of the UN in the light of the Hamas-Israel conflict. A quick Q&A session was held after which each panellist was given shields by the Chairman Dr. Hussain Shaheed Soherwordi.



The UNHCR Head mentioned at length how the UN is not just a collection of states but a collection of ideals of peace, justice, equality, and solidarity. An exchange of token appreciation took place where the Chairman presented the UNHCR Head with a shield and his book while the UNHCR Head presented goody bags to the Chairman and the Panellists.

A mock parliamentary debate synonymous with that of the UN General Assembly on the Israel-Palestine conflict occurred after this, hosted by Ms. Ayesha Elahi and Mr. Ahmad Mujtaba. This was the high light of the event as students debated competitively with each other as delegates of Israel, Palestine, Pakistan, Iran, the USA, and Canada. The Pakistani delegate came on top, earning the title of 'Best Delegate' while the delegates of Israel and the US were recognized as 'Exceptional Delegates.' The event concluded with closing remarks by Prof. Dr. Hussain Shaheed Soherwordi and a speech by Dr. Khurshid Ahmed, the coordinator of IRSA, followed by a group photo.

THE MOSAIC SOFT LAUNCH

24th October, 2023

In the midst of the grand celebration of the UN day, the Department of International Relations held another momentous event; the soft launch of its digital newsletter of the Mosaic team.



The segment, opened by the Newsletter Head of the Mosaic Ms. Eshma Talwasa, began with a powerful visual journey documented in a film. It showcased the rich history and evolution of the publication. This nostalgic trip down memory lane served as a fitting tribute to The Mosaic's legacy.



Following the documentary, the highly anticipated moment of unveiling of the digital newsletter's official website arrived. The reveal took the form of a QR code, displayed prominently on the screens for the audience to freely access. By scanning this code, the audience were instantly redirected to the website. Physical copies of the newsletter were also distributed among the esteemed guests.

Following the insightful presentation, the Editor of Mosaic Ms. Huma Fazal, took to the podium to express her deep appreciation for the team's tireless efforts. Her heartfelt words underlined the dedication and collaboration that brought the digital newsletter to life. To mark the occasion and acknowledge the dedication of those involved, the members of Team Mosaic were invited to the stage to join the Chairman, Prof. Dr. Hussain Shaheed Soherwordi, and the distinguished guest UNHCR Head, Mr. Kofi Ohenenana Dwomo, for a celebratory group photo. To cap off the segment, a cake-cutting ceremony took place that encapsulated the new chapter for The Mosaic.

This segment resonated deeply with the audience, enthusiastic about the digital transformation of the newsletter. The Mosaic's launch of the digital edition promises to expand the reach of the newsletter, making its content accessible to a wider audience.



FUTURE OF PALESTINE: SEMINAR

17th November, 2023

SEMINAR

On 17th November, the IRSA team arranged a seminar at the Department of International Relations titled 'Future of Palestine: Questions in the Aftermath of the Ongoing War' with Dr. Saad S. Khan as the speaker. This seminar came at an opportune time with the current escalated conflict between Israel and Palestine, pouring out concerns about Palestine's fate, especially for the prospect of a two-state solution.

The opening remarks were made by Ms. Muskan Imran, the Literary Secretary at IRSA, introducing the seminar's topic and the speaker before inviting Dr. Saad Khan to speak. He, addressing the audience of students, discussed the historical background of the conflict and the intermixed religious importance Jerusalem has for Islam, Judaism, and Christ.

Progressing his session further, Dr. Saad shed light on how Israel is after a diminished Hamas and mainly three people: the Prime Minister of Palestine, Hamas Chairman, and Hamas Arm-wing Head. He emphasized the importance of a One-State for an enduring peace process as the Two-State solution has become too impractical with the complex demographics.



A productive Q&A session was conducted for the students. The seminar ended with appreciation from our respected teacher, Prof. Dr. Adnan Sarwar Khan, and esteemed Chairman, Prof. Dr. Hussain Shaheed Soherwordi, for being informative and delving into this international issue in these current times. Dr. Saad was presented with a shield and a copy of Mosaic's Newsletter and Student Journal.

On 4 December, the representative of the Poland Embassy, Pawel Wysoczanski, and his wife visited the Department of International Relations. The Polish film director's visit entailed screening his famed documentary, 'Jurek,' and a discussion session on the documentary among the students.

Ms. Kenza Fayaz opened the screening by thanking Mr. Wysoczanski for his presence and inviting him to speak a few words before the film began. He discussed how Pakistan has always been important for his film and his country, Poland for the Pakistani mountains. He also mentioned how Jurek was considered a hero to Mr. Wysoczanski as he ignited the imagination of the Polish people who lived under the strict Soviet influence of a world beyond.



The screening began, and the students watched diligently. It showcased the beauty and determination behind the achievements of the Alpinist named Jurek till his somber death in the high mountains he loved to explore. A Q&A session began where students got to ask directly from Mr. Wysoczanski, after which refreshments were served, which they delightfully ate.



The visit ended as a success, thoroughly engaging the students.

5th SEMESTER TRIP BATCH (2021-25)
21st December, 2023



On the 21st of December 2023, the students from the morning section of the 5th semester, Batch 2021-2025, went on a day trip to Islamabad. The trip was supervised by Ma'am Saima. Their first stop was Dino Valley, where the students enjoyed the scenery in the climb-up and the amusement rides. Tired of the day's excitement, the students went to Savour Food restaurant to fill their appetites.



Energized by their stop at the restaurant, the students decided to do a round two at the amusement rides by going to Lake View Park. They actively went to the amusement rides and explored the vast gardens. The experience at the park became even more memorable as the late afternoon times created an appealing glow over the lake.

Spirits high, the students concluded their trip and

US CONSULATE GENERAL PESHAWAR INTERACTIVE SESSION

17th January, 2024

On 17th January, the Department of International Relations of the University of Peshawar arranged an interactive session between the two representatives of the US Consulate General Peshawar and the US Embassy Islamabad with the Department's students and staff. The session was organized with the help of the International Relations Student Association (IRSA).



The event, hosted by Ms. Malaika Rehman, was opened by the Chairman of the Department, Prof. Dr. Hussain Shaheed Soherwordi. He emphasized the consulate's importance in clarifying any confusion and providing primary data for the students and staff of the department amid Pakistan's US-focused regional relations.

Dustin Degrande, a Political and Economic Section Chief in the US Consulate General Peshawar, put forward his points first. Official Degrande outlined a US relationship shift from regional and Afghan-centric security concerns to supporting bilateral relations and Pakistan's internal stability in the four priority areas: economy, environment, nutrition, and security. Charles (Chuck) Vetter, a Political Unit Chief of the US embassy in Islamabad, further expanded on Official Degrande's points. Official Vetter emphasized the security aspect, noting the US-Pak's previous security ties of external security concerns now focused on internal security outcomes and Pakistan's prosperity.



Afterward, a productive question session proceeded where the students and the Department staff began asking follow-up questions. Toward the end, both the representatives were presented with shields and books, which was reciprocated with a coffee cup gifted to the Chairman. The event concluded with the distribution of copies of Mosaic's Student Newsletter and Journal to the two representatives by the Editor of the Mosaic, Ms. Huma Fazal, encapsulating the informative session.

GRAND PEACE FAIR 2024

30th & 31st January, 2024



The 'Grand Peace Fair' was a two-day mega event organized by the International Relations Students Association (IRSA), a chartered body of the Department of International Relations, on 30th and 31st January, 2024 near the Administration Block, University of Peshawar.

In collaboration with organizations like the Peshawar Zalmi, Directorate of Youth Affairs, CTA and powered by Pakistan Army, the fair was top-notch with a massive turnout thus, standing as a testament to the power of collective action and unwavering commitment to building a more peaceful future.

Upon the invitation of the Chairman of Department of International Relations, Prof. Dr. Hussain Shaheed Sherwandi, Brigadier Sajid Mahmood, Commander 102 Brigade, Mr. Amir Abdullah, Minister of NMDs Affairs, Ms. Shahla Nazneen and Vice Chancellor, Prof. Muhammad Saleem also graced the event with their presence. The main theme of this Peace Fair revolved around the idea of unity in diversity. Pashtun, Baloch, Sindh, and Punjabi cultures were represented in displays of dedicated stalls.

Various kiosks, including those offering food, games, books, traditional attire, jewelry, and fresh juices along with hot soups and warm servings, were set up for the amusement and convenience of the crowd. The students also performed dances traditional to their cultures.



The International Relations students also organized an academic session for the benefit of students by including the sessions of Conferences in which topics about National Security and Newly Merged Districts were discussed with quality Panel discussions. A crowd of about three thousand people showed up, making the first day a resounding success. The next day, the same booths were set up again, with the participants having a great time making the second day of the event an equal hit.

Students from the International Relations Department conducted seminars in the conference hall in which a variety of topics were highlighted such as the role of women in newly merged districts, peace building, non-traditional security and Youth empowerment. They were addressed by the department's head, Prof. Dr Syed Hussain Shaheed Soherwordi, along with many of the prominent guest speakers



Lunch was served to the distinguished visitors and shields were awarded to the IRSA Cabinet in recognition of their performance throughout the session, as well as other souvenirs exchanged with respectful guests. Finally, a group shot was taken as a memory of the special event.

The event was commended by the many departments of the university and the Vice Chancellor, Prof. Muhammad Saleem. It was also given exclusive coverage by renowned media networks including PTV, Geo News, Ary News and 24 News etc. demonstrating the Peace Fair's success. This time of year turned out to be a remarkable celebration of cultural diversity, receiving great appreciation on all levels.



THE MOSAIC

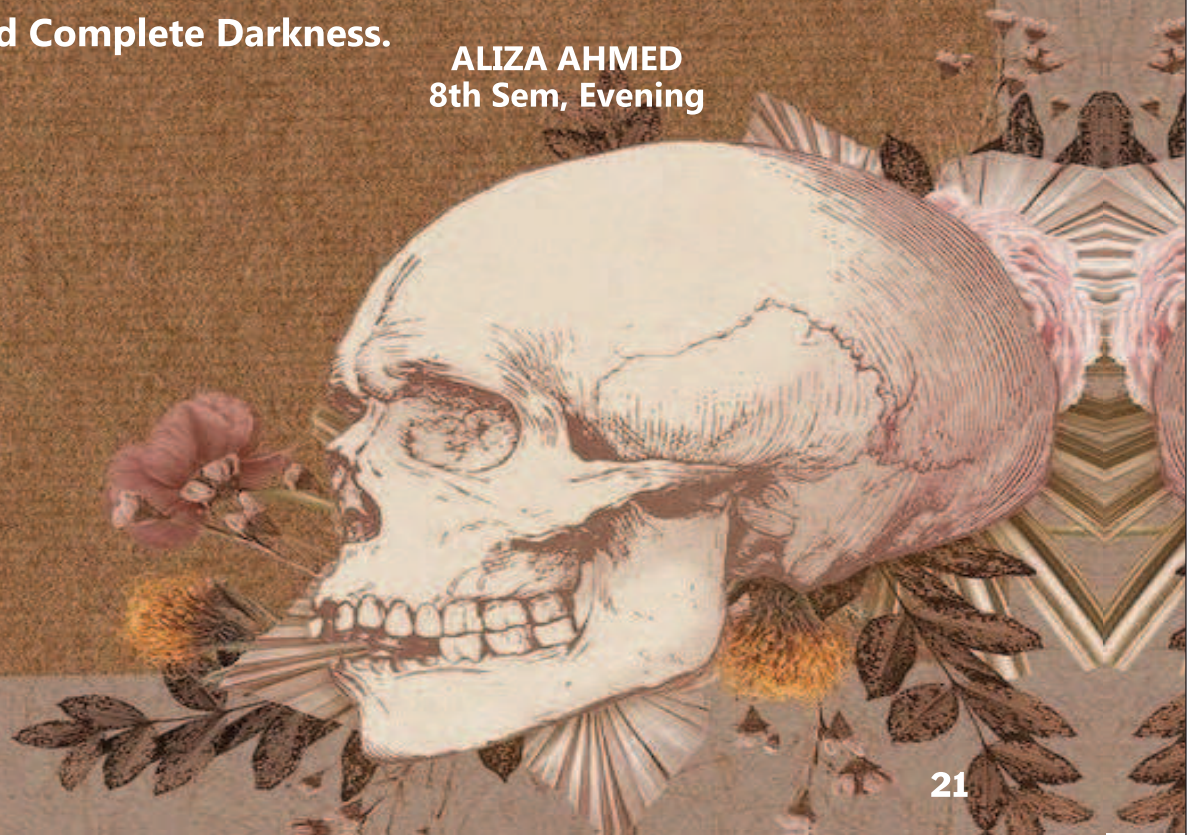
NEWSLETTER AND JOURNAL

Student's Creative Quill

SHADOWS OF DARKENED HORIZONS

The sun shines brightly
With a lovely view in front of me
The birds chirping and the wind dancing,
But all these eyes see is death;
All i find is hopelessness and pain,
These broken and heavy hearts,
That evryone carries like a burden in their chests,
A burden that never goes away but grows,
And that's how life keeps ending,
Until this burden drowns you to the
never ending depths
Eternal Death and Complete Darkness.

ALIZA AHMED
8th Sem, Evening





MY LIFE

My sweet life! Why are you
so brutal to me?
Once you were my euphoria.
Oh my lovely life! You
regale me very dissimilar,
The rose is happy and
smiling in spring but, Oh!

My life, you are my
rigorous mentor;
That making me strong to
handle worse.
O' life but, no one is more
rugged than you,
Now, let me embrace your
ardous world.

Let me give you my soul
The death is genial than
you;
You broke me, wrenched me,
so that
I want to hug the
soft-voiced death now.

Oh life, stop it, now!
Your game is over.

BY HAFSA NOOR
(3rd Semt, morning)

“Whispers of the Shadows, Monsters Within”

**So remember, my beloved
soul, while the darkness
emerges,
Monsters live within us all,
Those deep places; but so
does might,
To battle shadows, embrace
the light.**

**Embrace your monsters,
confront them true,**

**For they are true facets of you.
With bravery as your
guiding star,
You will discover the power
to be who you are.**

Shezal Misbah



ACHES OF HEART

In all stories and fiction, it breathes but hide

In all depths of the heart, it does reside;

It's a glum stormy sea, rowdy and deep

A melodic voice that never lets me sleep.

A silent ache, a tear-stained stream,

Even in dark grasp, I didn't lose my dream.

Hide sobs and smiles, needs a heavy cloak

In solitude's embrace, my heart broke.

The pages of my story, painted with tears

One's loss echoing through years;

Yet, through the valleys of gloom, I roam

Memories in heart but far from home.

BY MUHAMMAD BURHAN
(3rd Semt, eve C)

The Balancing Act

Lila stared at the ticking wall clock, the lectures of her teacher becoming part of the background noise. The clock struck 11 and the bell rang soon after, freeing Lila from the captivities of her class. But it brought her no excitement. For she knew, it was just part of her routine. There was nothing new awaiting her after this class as things were always same at the end of the day. The colors of her world have blended together and Lila has become sick of it.

Her close friend, Anya, thinks differently. But Anya and Lila have always been those unlikely friends. It is why Anya did not hesitate to rebuke Lila's lack of energy."

Come on, Lila. Today's lecture was pretty fun; the teacher even cancelled the test. And she roasted us. Which was funny, kind of?"

"There was a test today? And it got cancelled?"

"Lila!" Anya has become exasperated with her now demotivated friend and began her lecture to Lila about being content with what she has. But the lectures could not reach Lila yet again. Anya couldn't fathom Lila's discontent. While Anya found contentment and stability in the routine, Lila felt trapped by it. The routine that Anya cherished as a safety net was a spider web to Lila, promising only suffocating stagnation.

"-you always keep looking ahead elusively- without appreciating what you have close by. For the third time Lila, not every experience has to be grand like hiking a mountain or something for it to be meaningful-" Anya stopped her lecturing by Lila's sudden interruption.

"Hiking a mountain?" Anya raised an eyebrow, surprised by the sudden spark in Lila's eyes. "Yeah, I have been lecturing you so many times that it was the only example I had left to use. So as I was saying-"

"I'm going to go hike a mountain to break this routine, Anya!" Lila exclaimed proudly to Anya, as if it was her original idea and not like Anya has been droning for her about being content her current lifestyle for the past ten minutes. "You don't even know the first thing about hiking!" Anya rightfully responded explosively. Lila, sheepishly, asked to borrow her phone to search a few 'things'. Anya could only stare in disbelief.

So on Lila went the next week to pursue excitement and happiness in new sceneries, much to the dismay of Anya. Lila even managed to get a friend to hike with named Aileen, a seasoned hiker and a local daredevil.

It was a relatively easy hiking track for a simple view but for someone sheltered like Lila, it was everything. The new bright colors she never saw back in her comfort zone, the blood rushing with the physical exertion and thrill of adventure in addition to the new conversations that often arise in a new setting; all of them overwhelmed Lila with great joy and laughter. Anya would cry out at her being 'manic' instead.


Aileen was also great company, pushing and teasing Lila out of her comfort zone.

"Pretty nice, right?" Aileen boastfully said.

"It's...awe-inspiring. This is the best impulsive decision I have ever made

." "Big words there, Lila. Well now that you are probably done resting, let's keep going."

Lila bright face fell in shock at Aileen's words, "Wait, what now? There is still MORE to go!? But I'm tired!"



Aileen looked back at Lila with an unimpressed look, "Yeah, same here. But you don't see me stop hiking just because of it. You really can't expect to be happy without being a little tired in the process." On began a montage of Lila's pleas to end the hike and turn back toward home being met with Aileen's unrelenting dismissal, all the while hiking closer to the summit.

"You know, for someone going through an 'impulsive' phase, you do love being boring," Aileen remarked lightheartedly at another of Lila's whine, "But anyway, feast your eyes for we have reached the summit, you ungrateful brat.

"Lila stopped mid-denial, quite literally feasting her eyes at the breathtaking view that the summit provided. The sunlight bathed the world in gold and a wave of accomplishment washed over Lila. But Lila was also deadly exhausted. This was the price she had planned to gladly pay, the thrill over comfort. The experience that was supposed to give Lila all of the answers to her problems, only gave her more questions.

"So now that we have hiked this mountain-which was really fun, might I add-all that grandeur has just faded away. How do I get it back? Did I complain too much for it to work?" "Woah woah, hang on a bit. Firstly, you didn't complain, you whined. Secondly, there is nothing wrong with what you are going through, pretty normal. Happiness is a feeling; you can't exactly expect it to stay forever.

"So how can I get it back?"

"You climb another mountain perhaps?" Lila made a face at the suggestion and exclaimed, "How many mountain peaks will it be till I finally die from exhaustion? You are called a daredevil, how do you manage to constantly go to these tiring lengths just to get a short-lived thrill?"

Well, it's not in human nature to stay in one place, neither is it really healthy. Being a 'daredevil' is just how I make sure I'm not stagnant like a tree at one place." Aileen replied with amusement to Lila's outburst, as if it was simple knowledge.

Their descent was filled with thoughtful silence. Back in her neighborhood, Lila pondered Anya and Aileen's contrasting perspectives. Neither felt entirely right to her. A revelation struck. Was there not a path between their extremes? One that embraced the tranquility of routine while welcoming occasional bursts of excitement? She didn't need to choose sides. She can create her own path, appreciating the quiet moments yet embracing the chance to step outside her comfort zone.

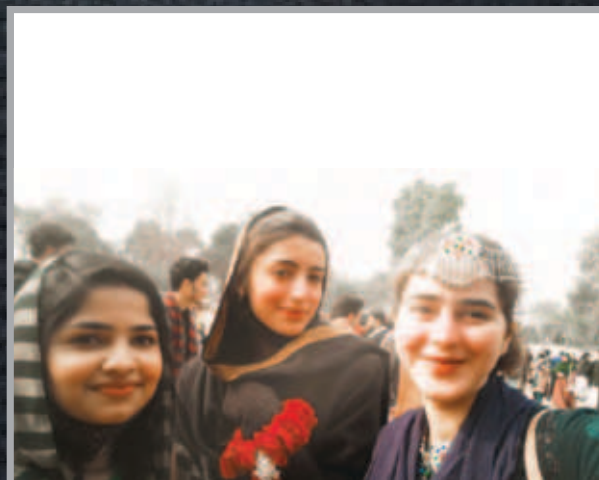
Lila won't be defined by routine, nor lost in fleeting thrills. She would forge her own way, embracing both contentment and happiness, living fully in the present

Written By,
Alishbah Syed
6th Semester (Morning)

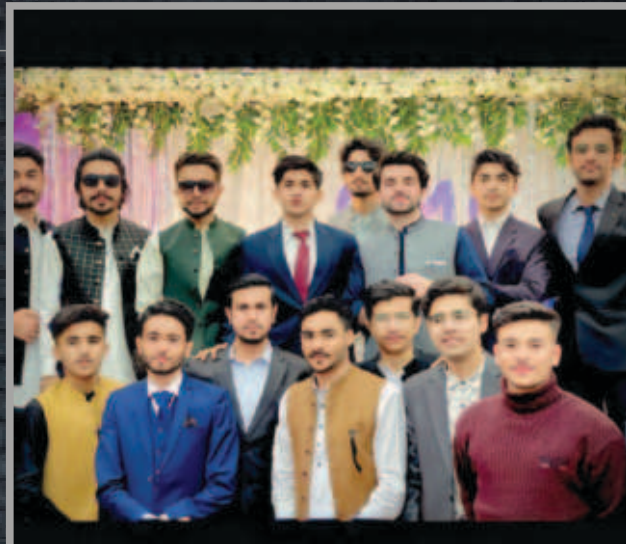
we made
memories!

LIFE AT IR









END NOTE



Greetings to all readers! I am incredibly proud to present the fifth volume of the Mosaic Newsletter, showcasing the outstanding work of my dedicated team. As Newsletter Head, I am honored to lead this talented group and contribute to the creation of this vibrant publication.

Such a great feat couldn't have been possible without the efforts of my stellar newsletter team. I thank my creative team (Maimoona, Haseeba, and Laiba) for making the newsletter as colorful and vibrant as it is; the content writers (Alishbah and Shehzal) for breathing life into this newsletter with their words; and the organizers (Jehan, Saba, and Nabiha) who kept the newsletter as a well-oiled machine.

Thank you all for your dedication!
With compliments,

Malaika Rehman
Newsletter Head

-The Mosaic Team
Cabinet of 2023-24

0919221100
editormosaic@uop.edu.pk
Instagram: @ir_uop
Twitter: @ir_uop